

JENS TILLMAN – basketball coach

Born: October 10, 1970
Place of birth: Uppsala, Sweden
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Professional profile

- Basketball coach fully committed to work. Highly organized, approachable, friendly and responsible person. Posses huge experience in working with top European talents with whom he won many National Championship titles. He also led Basketball Academy organized by Swedish Federation, working with top prospects from 16 to 19 years of age.

Education

- Swedish Highest Coaching Degree

Working Experience

- **2016-2017** Assistant Coach Umea BSKT (Swedish Basketligan Herr)
- **2015-2016** Head Coach Lulea Basket (Swedish Basketligan Dam)
- **2014-2015** Head Coach Northland Basket (Swedish Basketligan Dam)
- **2013-2014** Head Coach Northland Basket (Swedish Basketligan Dam)
- **2012-2013** Head Coach Bg Lulea (Swedish Basketligan Dam)
- **2011-2012** Head Coach Telge Basket (Swedish Basketligan Dam)
- **2010-2011** Head Coach Telge Basket (Swedish Basketligan Dam)
- **2008-2009** Head Coach Marbo Basket (Swedish Basketligan Dam)
- Head Coach Swedish Woman U20 National Team -14,15
- Head Coach Swedish Woman U16 National Team -12
- Assistant Coach Swedish Woman U16 National Team -11, 13, 14



Playing Career

- Swedish Basketligan Champion -90,91,97,99,00
- Swedish National Team -91,93,97
- European Championships -93
- Swedish Basketligan Finalist -98
- Norwegian BNLO Champion -02
- Swedish Basketligan Quarterfinals -05
- Swedish Basketligan All-Star game -00

Awards as a coach

- Swedish Damligan Champion – 11, 12, 14, 15, 16
- Eurobasket.com All-Swedish Damligan Coach of the year – 12, 14, 15, 16
- Eurocup Woman / 2nd round – 12, 16
- European Championships U20 Division B for Woman in Podgorica/Montenegro (Bronze) -15
- European Championships U20 in Udine (Italy) -14
- European Championships U16 in Bulgaria -13
- Baltic Sea Cup Swedish Woman U16 in Tallin (Estonia) -12
- European Championships U16 for Woman in Miskolc (Hungary) -12
- European Championships U16 for Woman in Greece -10

Skills and competences

- Knows how to make success with youth teams
- Encourages players to have a positive attitude and build team character
- Works individually with young players to improve skills and technique
- Excellent communications and motivational skills
- Individual approach to each player to get the best from all of them

Languages

- Swedish – native language
- English

References – players about Jens

- **Elin Eldebrink** - Jens is a great Coach and a great person! He has a good knowledge of the game and he always gets the best out of his players. He makes everybody feel comfortable on and off the court.
- **Julie Vanloo** - For me Jens was a Coach who understood my game and who understood who I was as a person. He made me play the best season in my career. Fastbreak, 2 guards plays and playing together is the major key to his success. Very good Coach with a big heart.
- **Binta Drammeh** - I had a chance to play for Jens for 2 seasons, although I was side lined my first year due to my acl injury. I had to add that we won Swedish Championship both seasons. But what can I say about Jens is that he is a great Coach and an even better human being. I think one of his best qualities is the fact that he brings out the best out of his players by being himself. He is a naturally funny and relaxed Coach. But he sure knows when to switch serious Jens and to my knowledge, he always gets the job done no matter where he is.
- **Amanda Zahui Bazoukou** - Jens is a very positive person who always gets people around him in a better mood, he is a people person who works well with all kinds of people. As a younger player, it was good for me to have Jens as a Coach, he put together a fantastic team and made sure everyone in the coaching staff were ready to give 100% every day. We won two Championships in a row and we were really talented and skilled. But as a leader, Jens was awesome in how he approached our group and brought us together, we were always on the same side and reached all our goals.