

feel speed find confidence



THE METASPEED™ DESIGN PHILOSOPHY

In 2021, ASICS achieved an industry first by simultaneously launching two new racing shoes, the METASPEED™ SKY and METASPEED™ EDGE shoes, specifically designed to match two distinct running styles, optimizing performance for each style.

Since then, the dedicated team at ASICS Institute of Sport Science has collaborated with our elite athletes to gain their feedback so it can continue to bring new innovations to the existing shoe models, while also working to realise our personalization strategy, developing another option to cater to the diversity of the running world.

Speed can be calculated by multiplying stride length and cadence. All METASPEED™ shoes are designed to extend athletes' stride lengths for faster running.



Our new collection of METASPEED™ shoes is the ultimate proof point of our relentless focus on human-centric design, biomechanical science, and decades of continuous innovation.





INTRODUCING THE METASPEED™ RAY

The brand new METASPEED™ RAY shoe is the latest pinnacle racing product to join the METASPEED™ series. A superlight model weighing in at only 129g*, the shoe is designed for lovers of lightweight shoes that are looking to start fast and finish faster.

KEY TECHNOLOGIES & PRODUCT SPECS



ASICSGRIP™

The ASICSGRIP™ outsole delivers excellent traction from the first step to the final sprint.

DYNAMIC DROP STRUCTURE

Is created through the fast deformation of the FF LEAPTM 2 foam at the kicking phase.

LIGHTWEIGHT CARBON PLATE

A lightweight carbon plate helps propel you forward, especially during your final kick to the finish line. Stack height: 34.5-39.5mm

DROP: 5mm

WEIGHT: 129g*

* Based on a men's US size 9

FF LEAP™ FOAM

FF LEAP™ foam is our lightest, softest and bounciest foam ever, helping you reach top speeds with an incredibly lightweight feel and peak energy return.

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WORN BY:



Betsy Saina – 2023 Sydney Marathon winner

"The new METASPEED™ RAY is a very exciting new product for lovers of a lightweight, bouncy feel like myself. It is built for speed and will help push the boundaries of what runners can achieve."



Hillary Kipkoech – Marathon de Paris runner-up

"The METASPEED™ RAY makes me feel at my fastest and most confident as a runner. I can't wait to bring this feeling to my races this year and see what I can achieve in the shoe."



METASPEED™ SKY TOKYO AND METASPEED™ EDGE TOKYO

and mid-stance phases.

top speeds.

The METASPEED™ SKY & EDGE TOKYO shoes are our pinnacle racing products, designed for stride-style runners (SKY) & cadence-style runners (EDGE) who are looking to start fast and finish faster.

The main difference between both shoes are the carbon plate positioning and shape.



forward for increased cadence.

WORN BY:

METASPEED™ SKY



Vincent Kipkemoi – 2024 Tokyo Marathon runner-up

"I am very excited to be running in the best version of the METASPEED™ SKY to date. The new foam propels me forward at every step, offering a lighter and bouncier ride than ever before."

METASPEED™ EDGE



step to the final sprint.

Winfridah Moraa – 2025 Tokyo Marathon runner-up

"As a runner with a naturally high cadence, the METASPEED™ EDGE truly feels like it is tailored to me. It is so important for runners to have different shoe options that match their style so that we can all succeed."



THE METRICS OF INNOVATION

The new METASPEED™ models have been through rigorous scientific testing to prove their effectiveness for performance.

ENERGY RETURN

The new
METASPEED™
models have been
proven to be more
energy efficient than
their predecessors.

METASPEED™ SKY TOKYO



METASPEED™ EDGE TOKYO



FF LEAP™ FOAM

FFLeap

The new METASPEED™ models all feature FF LEAP™ foam in their midsole, which compared to FF TURBO PLUS™ foam is:



15% LIGHTER **13.7%** BOUNCIER

30% SOFTER

Compared to METASPEED™ EDGE PARIS

