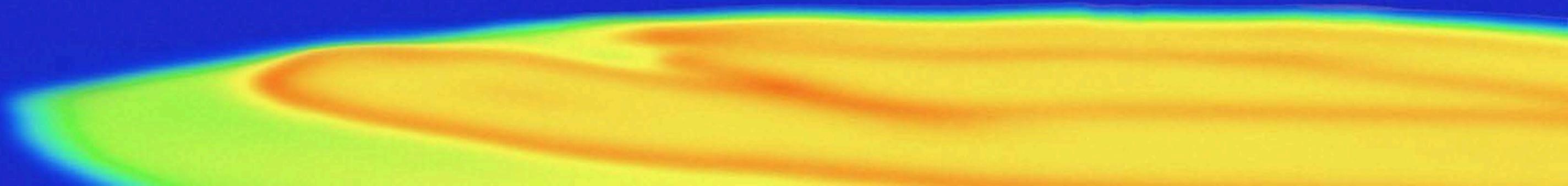


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SUPERBLAST™ 3

More energy to move body and mind



Lace Up
New eyelet stay construction
for a more comfortable fit.

Secure Fit
An engineered woven
upper supports your
foot with every step.



Supercharged Foam
Lightweight FF LEAP™ foam delivers
springy, responsive energy for a lively,
effortless feel on every stride.

Propulsive Bounce
Trampoline pod adds responsiveness, helping
each step feel explosive and powered.

SUPERBLAST™ 3

Key Updates:

FF LEAP™ Foam & New Trampoline Pod Outsole



UNISEX: 239 G

UNISEX: 38.5 - 46.5 MM

8 MM

FF LEAP™ / FF BLAST™ PLUS

ENGINEERED WOVEN

FF: ASICSGRIP™ RF: AHAR™ LO

SUPERBLAST™ 3

VS



WEIGHT*

TOTAL STACK HEIGHT

DROP

MIDSOLE MATERIAL

UPPER

OUTSOLE

UNISEX: 250 G

UNISEX: 38 - 46 MM

8 MM

FF TURBO™ PLUS / FF BLAST™ PLUS

ENGINEERED WOVEN

FF: ASICSGRIP™ RF: AHAR™ LO

SUPERBLAST™ 2

*Weights are target weights and based on a men's US size 9

SUPERBLAST™ 3

UNISEX 1013A177



100



800



400



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SUPERBLAST™ 3

BLAST™ Series Comparison



NOVABLAST™ 5



SONICBLAST™



SUPERBLAST™ 3



MEGABLAST™

BOUNCE LEVEL	+++++	+++++	+++++	+++++
SMIT	Cushioned bounce	Propulsive bounce	Endless bounce	Maximum bounce
PURPOSE	An energized daily trainer that adds bounce and comfort to every run	Taking the bounce experience to sonic speeds with an updated top-layer foam and plate	A super bouncy experience that helps you go the distance with extra energy	Unleash incredible bounce with one of our lightest and bounciest foams
BEST USED FOR	Daily running	Interval running	Distance running	Faster running
CUSHIONING	FF BLAST™ MAX	FF BLAST™ MAX and FF TURBO™ SQUARED	FF LEAP™ and FF BLAST™ PLUS	FF TURBO™ SQUARED
ASTROPLATE™		✓		
ASICSGRIP™ OUTSOLE		✓	✓ * Partial outsole	✓
APPROXIMATE WEIGHT <small>Men's US size 9</small>	255 g	256 g	239 g	230 g

SUPERBLAST™ 3

“When we first introduced the SUPERBLAST™, it sparked a whole new movement, setting the benchmark for what a shoe could deliver for runners. With this third iteration, we’re elevating that standard even further. Powered by our brand-new FF LEAP™ foam, the SUPERBLAST™ 3 is lighter, bouncier, and more cushioned than ever before, without compromising the versatility runners expect from this franchise. It’s designed to help runners move with more energy and confidence.”

- **Mark Vermeulen, Product Marketing Specialist**

“The BLAST Series aims to create unexpected experiences through bold color choices and high contrast. For SUPERBLAST™ 3, we focused on developing a key color that would immediately capture attention. Working closely with the footwear design team, we drew inspiration from cosmic imagery, including immersive digital art installations and visuals from the James Webb Space Telescope. The result is a bold, high contrast colorway that reflects the mystery and vastness of the cosmos, while staying true to the BLAST Series’ design philosophy.”

- **Lindsay Fattlar, Senior Manager, Performance Global Color**

