

## Antiemetic Effects of Acupressure Wristbands for GLP-1 Medication Associated Nausea<sup>1</sup>

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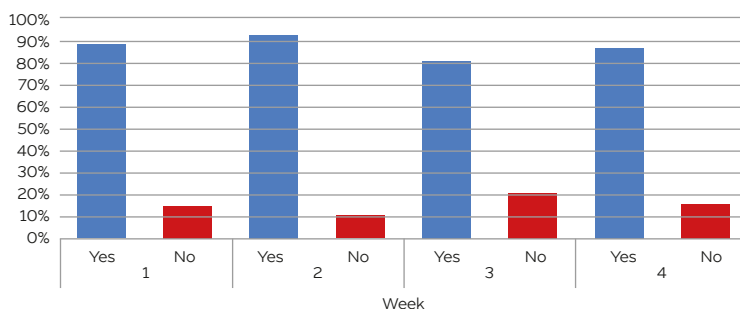
Clinical trials on GLP-1s for Obesity and Diabetes report nausea in 15-30% of participants. Real-world day-to-day use suggests nausea is more common and can present a limiting factor to care due to its' disruptive nature.

Nausea symptoms can be so severe that over 30% of people discontinue their GLP-1 medication after just four weeks.<sup>2</sup>

Results of this proof of concept study suggests Sea-Band Nausea Relief acupressure wristbands may offer a safe, self-administered, reusable, and drug-free first-line therapeutics for managing GLP-1 associated nausea.<sup>1</sup>

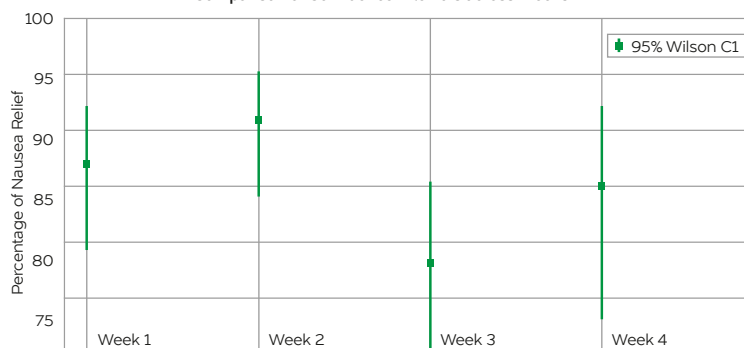
Sea-Band has been found to reduce GLP-1 associated nausea at a consistent rate of over 80% during the study period.<sup>1</sup>

Percentage of Nausea Relief

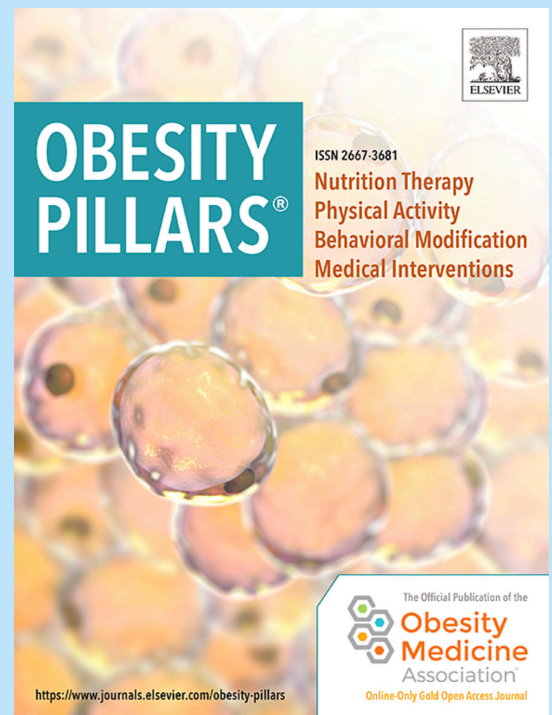


Nausea Relief and Consistency of ACW

Comparison of Confidence Intervals across Weeks



359 episodes of nausea were evaluated over 4 weeks. Nausea relief was achieved <5 min in 1/3 of episodes, and in 5- 20 min in the remainder of the episodes.



In Summary, Sea-Band Nausea Relief acupressure wristbands can make life with GLP-1 medications more comfortable for many patients.

### References:

<sup>1</sup> Ziemke F. Antiemetic effect of acupressure wristbands for GLP-1 medication associated nausea. Obesity Pillars. Published online May 2025; Volume 15, September 2025, 100178

<sup>2</sup> Yan Xie, Taeyoung Choi, Ziyad Al-Aly, Mapping the effectiveness and risks of GLP-1 receptor agonists, Nature Medicine, January 2025, Volume 31, 951-962.